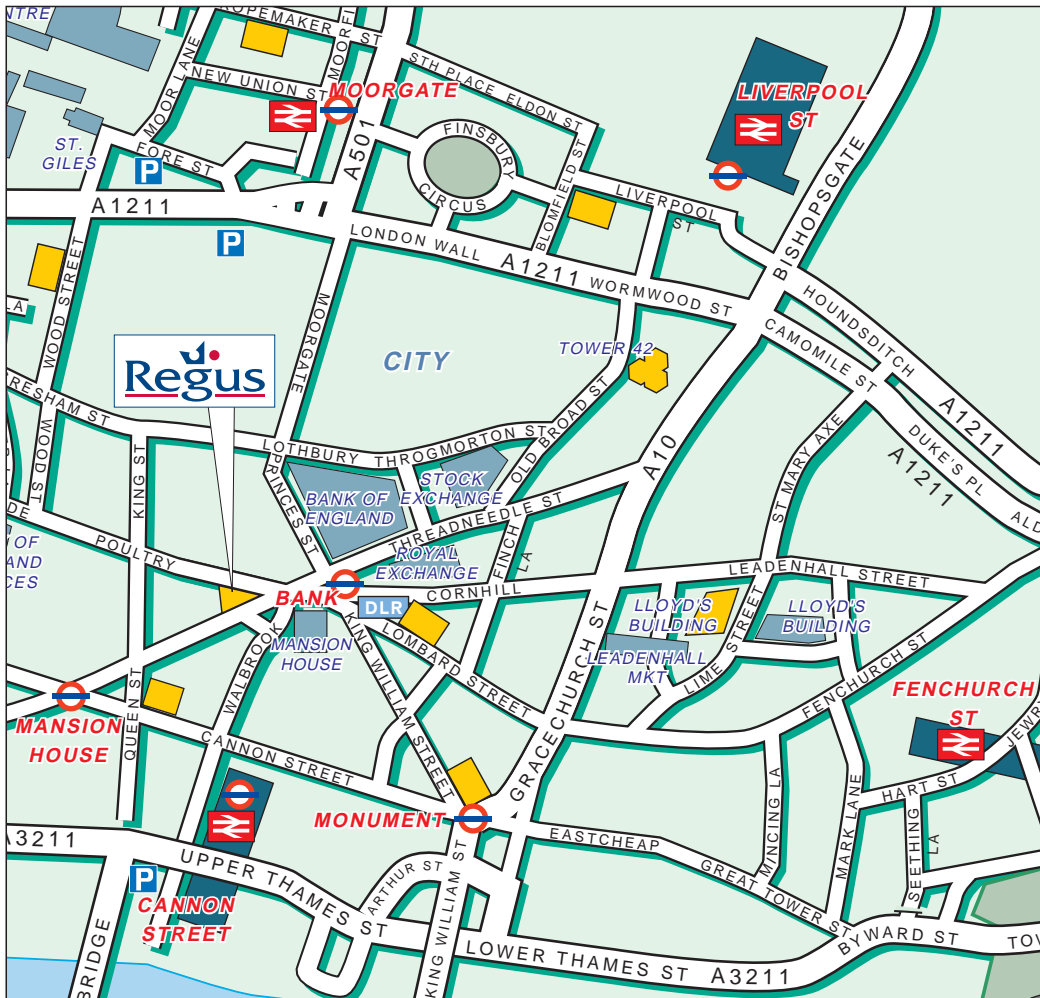




London, No. 1 Poultry foyer area

How to find us



No.1 Poultry, London EC2R 8JR, UK
Neighbouring Centres London Tower 42, London Cannon Street, London Wood Street, London City Point

How To Book:

-  **0870 880 8484**
-  **0845 3010 500**
-  **www.regus.com**
-  **info@regus.com**

Agents details

How to get there by road

- From London City Airport**
- Follow A13 into City of London
 - At Aldgate roundabout follow Leadenhall Street onto Cornhill
 - At Bank junction turn right into Queen Victoria Street
 - No.1 Poultry is on the right
- Limited car parking is available via Sise Lane, a small road just after the Centre

How to get there by public transport

- Direct link to Bank underground station for access to Central and Northern lines, Waterloo and City line, Docklands Light Railway and a pedestrian walkway link to the circle and District lines
- A short walk from Liverpool Street, Cannon Street, Moorgate, Fenchurch Street and London Bridge main line stations
- On many bus routes serving both West End & Docklands

Taxis

• Computer Taxis	London	020 7432 1432
• Radio Taxis	London	020 7242 0272
• Dial a cab	London	020 7253 6969

Bus Routes

133	Poultry > Elephant & Castle > Kennington
8	Poultry > Oxford Street > Whitechapel Road > Victoria Station
25	Poultry > Elephant & Castle > Green Park

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No. 1 Poultry **London EC2**



London, No. 1 Poultry

London No. 1 Poultry

Regus No. 1 Poultry is a contemporary building offering offices in the heart of one of the world's leading financial districts. Close to the Bank of England and Lloyds, the area is home to the world's major banks, insurance companies and other financial institutions as well as leading professions and consultancies. The building offers direct walkway access to Bank underground station, is a short walk from several main line stations, and thirty minutes by taxi from London City Airport. The Regus centre is situated in a landmark building designed by leading architect Sir James Stirling. The building's lower two levels house shops and other services, and the roof-top features gardens and the Coq d'Argent restaurant, created by Sir Terence Conran.

The right facilities

Regus gives your business flexibility and an unrivalled professional working environment with fully equipped work-ready offices and meeting rooms in a network of prime locations across the UK and worldwide. As well as a highly professional team, we add high-tech telecoms plus a global IT infrastructure to create a world class business support solution tailored to your business, whatever its needs. Regus simplifies the running of an office so you can focus on your business.

London No. 1 Poultry offers the following facilities:

- 24 hour secure access
- 4 pipe fan coil air conditioning system
- Voicemail capability for every client
- Lounge area with soft seating and newspapers
- Lifts serving all floors
- On-site parking
- Prime town centre location
- Fully equipped meeting rooms
- Within easy reach of major transport links
- Disabled access and facilities
- Secure underground parking
- 24 hour closed circuit television
- ISDN enabled, high speed public Videoconferencing studio
- RegusNet high-speed internet access delivered over award-winning Checkpoint Cisco infrastructure
- 24/7 free internet access available at Regus Cybercafe
- Outside seating/terrace area
- Break-out areas
- Fully-equipped kitchens with refrigerated vending machines
- Suspended ceilings incorporating Category II lighting systems
- Fully accessible raised floors
- Double glazed sealed windows throughout
- Satellite television available in communal areas



A typical Regus Meeting Room

 **0870 880 8484**

 **www.regus.com**



A typical Regus Office

A specification for better business with Regus

A Regus building is selected not only for the quality of the building itself but, in addition, its proximity to major transport links and important communications hubs. We offer business centres in a range of locations from city centre, to business park, all fitted out to the highest standards. You have the flexibility to upsize, downsize or relocate your office as your business needs change, safe in the knowledge that you will never pay for space you don't use.



The specification at London No. 1 Poultry includes:

- Meeting Rooms - 12
- Training Rooms - 4
- Workstations - 320
- Floor numbers - 1st & 2nd
- Parking spaces - 4
- Total floor area - 42,625 sq.ft
- Largest Meeting Room capacity - 80
- Smallest Meeting Room capacity - 2





Local Amenities

Banks

• NatWest Bank	Cheapside	London
• HSBC	Cheapside	London
• Lloyds TSB	Cheapside	London
• Abbey National	Cheapside	London

Pubs, Bars and Cafes

• Chapters Wine Bar	166-170 Bishopsgate	020 7247 8992
• Nylon	Wood Street	020 7248 3529
• Slug & Lettuce	25 Buckersbury	020 7329 6222
• Balls Brothers	6-8 Cheapside	020 7248 2708
• All Bar One	34 Threadneedle Street	020 7614 9931

Hotels

• Holiday Inn Express	275 Old Street	020 7566 4300
• Great Eastern Hotel	Great Eastern Street	020 7615 5000
• Renaissance Hotel	Chancery Lane	020 7829 9888
• Tower Thistle Hotel	Tower Bridge	020 7481 2575
• Citadines Apart Hotel Barbican	7-12 Goswell Road	020 7566 8000

Restaurants

• Coq 'D Argent	No1 Poultry	020 7395 5000
• 1 Lombard Street	London	020 7829 6611
• LiveBait	St Pauls	020 7213 0540
• Prism	Leadenhall Street	020 7256 3888

Health Clubs & Leisure Centres

• The Fitness Exchange	106 Fenchurch Street	020 7369 0700
• Curzons Fitness Club	Liverpool Street Station	020 7247 7000

Cinemas

• Barbican Screen	Silk Street	020 7382 7000
• Odeon	Leicester Square	020 7930 5252

Theatres

• Shaftsbury Theatre	Shaftsbury Avenue	020 7379 5399
• The Barbican	Silk Street	020 7628 3351

Sporting Facilities

• Champneys	Ropemaker Street	020 7920 6200
• Holmes Place	Barbican	020 7374 0091



Reception area at London, No. 1 Poultry

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